

**We have private lessons
allowing you to work on the points you want to improve at your own pace.
*Validity 6 months***

Pole Dance	1h00	1h30
<i>The private class</i>	60 €	75 €
<i>5 private classes</i>	275 €	350 €
<i>10 private classes</i>	500 €	650 €

This private allows you to perfect your figures or to get their tips. The French Pole Riviera also offers its programs and upgrades. If you have never practiced Pole Dance, you can learn in peace.

Exotic Pole	1h00
<i>The private class</i>	65 €
<i>5 private classes</i>	300 €
<i>10 private classes</i>	550 €

Learn the Exotic Pole, The most charnel category of Pole Dance. This equally sporty style is based on the fluidity of movements and waves of the body while playing on sensuality.

Pole Chorégraphie, Floorwork	1h00
<i>The private class</i>	50 €
<i>5 private classes</i>	225 €
<i>10 private classes</i>	400 €

This private will bring fluidity and creativity to your choreography.

Stretching, Contortion	1h00
<i>The private class</i>	50 €
<i>5 private classes</i>	225 €
<i>10 private classes</i>	400 €

This private will bring you the solutions to increase your flexibility. Let's work the right moves for constructive evolution without hurting ourselves.

